MY SCHEDULE

NAME:

WEEK OF:

Chores + Responsibilities

M	T	W	Th	F	S	S
☐	☐	☐	☐	☐	☐	☐
☐	☐	☐	☐	☐	☐	☐
☐	☐	☐	☐	☐	☐	☐
☐	☐	☐	☐	☐	☐	☐

_____

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My Day:

Morning
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____

Day
- ☐ _____
- ☐ _____

Night
- ☐ _____
- ☐ _____
- ☐ _____

My Week

MONDAY

FRIDAY

TUESDAY

SATURDAY

WEDNESDAY

SUNDAY

THURSDAY

GOAL THIS WEEK

NOTES: