

# WEEKLY MEAL PLANNER

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WEEK OF \_\_\_\_\_ TO \_\_\_\_\_

GROCERIES:

B	<b>MONDAY</b>	
L		
D		
S		
B	<b>TUESDAY</b>	
L		
D		
S		
B	<b>WEDNESDAY</b>	
L		
D		
S		
B	<b>THURSDAY</b>	
L		
D		
S		
B	<b>FRIDAY</b>	
L		
D		
S		
B	<b>SATURDAY</b>	
L		
D		
S		
B	<b>SUNDAY</b>	
L		
D		
S		